Due to news coverage of various issues around inclusiveness and diversity at Boise State University, some names have been redacted to protect individuals from harassment and help ensure their safety.

For further information contact the Association of Office Professionals at aop@boisestate.edu.
PDD WORKSHOPS and PRESENTATIONS

TRACK 1:

⇒ World Around You

◊ Media and Identity—Kim Camacho
  * Learn about advertising norms and their effects on identity development

◊ Media Literacy/Fake News—Memo Cordova
  * Do you ever hear or read about things that go on in the world and wonder if it’s credible? Learn about ways to approach and pare down the barrage of news and information in our daily lives. This workshop will prepare you to look at information critically and help you hone your media literacy skills.

◊ Google Apps—Jennifer Weddel
  * Spend some time getting to know your Google app tools. We will dive into each tool to help understand it’s use and how to make it work for you. This course will cover email, calendaring, storing and sharing files and using Google for team collaboration.

◊ Leading with Civility—Anselme Sadiki
  * This workshop will explore what it means to be civil and how to increase our empathy and understanding when working with each other. Participants will engage in hands on activities to explore concepts of civility and engage each other in discussion.

◊ Intermountain Bird Observatory—Greg Kaltenecker
  * The Intermountain Bird Observatory: Yet another way that Boise State University engages the public and enhances our global experience - You've all heard of Boise State's famous football team, but did you know that this small program in the Department of Biological sciences engages thousands of people each year? The IBO reaches out to local school children, hosts dozens of public field trips, provides wholesome family entertainment, and creates opportunities for hundreds of volunteers each year associated with their bird monitoring and research activities. What, there are plans for a Bird Observatory nature park along the Boise River? Social media? The IBO has thousands of regular followers! International reach and influence? Yep, that, too. Come and be informed about all of the ways that IBO engages the public, from going into elementary schools, to taking people just like you on birding tours to places like Mozambique! Learn how you can get involved, and better understand the full reach of Boise State in our local and global community!
PDD WORKSHOPS and PRESENTATIONS

TRACK 2:

⇒ BUILD Certificate Eligible

◊ Introduction to LBGTQIA+ Identities—
* Learn more about personal experiences of people who are LBGTQIA+, define different terms relating to the LBGTQIA+ community, discuss identity, and engage in an empathy building exercise.

◊ Microaggressions in the Workplace (2 parts)—
* What do you do when you are faced with a microaggression? This workshop will help you feel more empowered to respond when confronted with a microaggression in the workplace. By the end of this session, you should be able to identify examples of microaggressions (MA), weigh key considerations when faced with a MA, recognize forms of microresistance, and apply communication tools in response to MAs. (Participants choosing this workshop must take both part 1 and part 2.)

◊ Implicit Bias—
* We all make quick judgements and decisions based on past experiences. While this is necessary to survive in a world that is constantly feeding us stimuli, it can lead to unintended consequences. In this session, we will talk about implicit biases – the ways in which our past experiences and our exposure to the messages that are fed to us via news and popular culture may cause us to create an inequitable environment. After looking at some of the research that shows the predominance of implicit bias in settings related to the academic workplace (including hiring, promoting, mentoring, and working in teams/committees), we will discuss strategies for recognizing biases and overcoming them.

◊ Basics of Working with Students with Disabilities—
* According to the CDC, in 2018 one in four U.S. adults - 61 million Americans, have a disability that impacts major life activities. People with disabilities make up the largest minority group in the U.S. This is a minority group in which any person could fit into at some point in their live. Cognitive disabilities most common in younger adults while mobility disabilities are most common for others. This workshop will provide insight and increase awareness on the laws, etiquette, and institutional responsibilities regarding people with disabilities. You will learn suggestions for approaching, interacting, and using the correct language when engaging with individuals who have disabilities.
PDD WORKSHOPS and PRESENTATIONS

TRACK 3:

=> Individuals

◊ How to Reinvent Your Personal Brand—Melinda O’Malley Keckler
  * The biggest brands in the world all have one thing in common - they adhere to a unique brand promise and aim to deliver on it everyday. As individuals, are we taking the same care with our own brand and personal connections? This session unveils the tangible tools to some of the best branding techniques available for individuals or for organizations. Go ahead, reinvent yourself. This workshop can help make it happen.

◊ Food That Works for You—MarLee Harris
  * Ever wonder what nutrition advice is worth your time? Sift out fad and fiction with our campus dietitian. Turn nutrition fundamentals into personalized, practical ways to eat and live well. Come with questions while we discuss how to turn food from stress and mess to fun and done!

◊ Personal Budgeting—Lisa Hamilton
  * Budgeting Basics - Pay Yourself First – Spending Map - Even with the best intentions, improving money behaviors may seem like an overwhelming task. • Group discussions on how to build SMART goals • Helpful tips and tools to build a spending map • Paying Yourself First

◊ Life Coaching—Dr. Terry Pape'
  * If you have ever heard of Life Coaching, you may have thought: “I could benefit from a Life Coach”, or “I could become a Life Coach”. In this interactive seminar we will discuss the definition of “Life Coaching”, what is it and what it is not. How a person could benefit from using a Life Coach. What it take to become a Life Coach. How to become a successful Life Coach. And answering those nagging questions about a career as a Life Coach.

◊ Google Photo—Kelly Hall
  * Do you use a smartphone or a digital camera to take photos? Are you running out of storage space on your phone for your photos? Attend this session, taught by a Certified Google Education Trainer, to learn how Google Photo can help you to easily save, edit, and share your photos anywhere, any time using your iOS, Android phone or computer with unlimited free cloud-based storage. Participants should have the free Google Photo app installed on their phone or tablet.
PDD WORKSHOPS and PRESENTATIONS

TRACK 4:

⇒ Teamwork
  ◊ Teamwork (Limit 18)—Jacy Nary
    * How do you communicate under pressure? Do deadlines allow you to highlight your strengths or do you find yourself challenged to step outside of your box? Join other members of the campus community as you examine how teams react to challenges under pressure, what you can do to be a more effective communicator in times of stress and have interactive fun along the way. (This workshop is offered 3 times. Each session will be limited to 18 people.)

⇒ AGILE—Brian Fariss
  * Does it sometimes feel like your entire work life has been reduced to waiting for the next person to tell you what to do? Does it sometimes feel like there is tension around getting your needs met? You aren’t alone! Discover how you can restore feelings of collaboration and get things done with less stress. Using case studies, attendees will learn actionable skills to put people and interactions over the tools, so that solutions are made with the end goal in sight, not in a mire of endless unmet needs and desires.

⇒ Generational Synchronicity—Dr. Jeremy Graves
  * Focus on working within multigenerational teams and how to utilize the strengths of each generation to build cooperation, collaboration, and a positive culture.

KEYNOTE SPEAKER: Dr. Vincent Kituku

Dr. Vincent Muli Kituku, CSP, author, international speaker and philanthropist, works with organizations and individuals who want to increase their productivity and stay focused. He is one of small group of speakers to earn the coveted Certified Speaking Professional (CSP) recognition, the highest designation presented by the International Federation of Professional Speakers.

Vincent is the founder/director of Caring Hearts and Hands of Hope (CHHH) a non-profit organization that helps needy orphans, children from poverty-stricken families obtain a high school education, in Kenya. He also founded Caring Hearts High School, a boarding facility for girls. CHHH is sponsoring 252 students in high schools and 85 in universities or diploma colleges.

Dr. Kituku is a widely read influential writer in business, inspiration and education. He received his Bachelor of Science degree from the University of Nairobi and both his Masters and Doctorate from the University of Wyoming.